

Session Three-Family

- I. Activity: The Circles Game: A way to see things you have in common and different with each other.
 - a. Place a large hula hoop or circle made of string in the middle of the room.
 - b. Have the youth form a larger circle around the inner circle.
 - c. Ask the youth 5-10 questions about themselves and if the statement is true have them put a foot in the inner circle. If it is not true they stand where they are. For example: Put your foot in the circle if you like to wear blue clothes? Put your foot in the circle if you are like rap music?
 - d. Debrief: Why did the youth think they did this activity? Did they learn anything about themselves, about each other?

- II. Write the word FAMILY in the middle of a large piece of paper.
 - a. Have the youth brainstorm what this word means to them. Ask, "When you see the word family what comes to mind?"

- III. Then have youth make a family tree with the people they consider to be family their life. There are many ways to make a family tree, let it be as creative as they like. Here is an example of how to make one, facilitator may have one prepared so youth can see an example:
OPEN WORD DOCUMENT TO SEE EXAMPLE

- IV. Now that you have all brainstormed what the word family means to the group and made a tree use the following questions to guide a conversation.
 - a. Who did you put on your family tree?
 - b. What makes these people different than people who you do not consider to be family?
 - c. Why is it important to distinguish certain people as family?
 - d. What role do these people play in your life?
 - e. How have these people influenced your values and ideas?
 - f. What are the expectations you have of these people and they have of you?
 - g. What happens when expectations are not met?

- V. Now that you have made a family tree, who is missing from this tree that is also important in your life?
 - a. Think of people who support you but might not have been put on your family tree. Why are they important to you? What role do they play in your life?

- VI. What have you learned today?

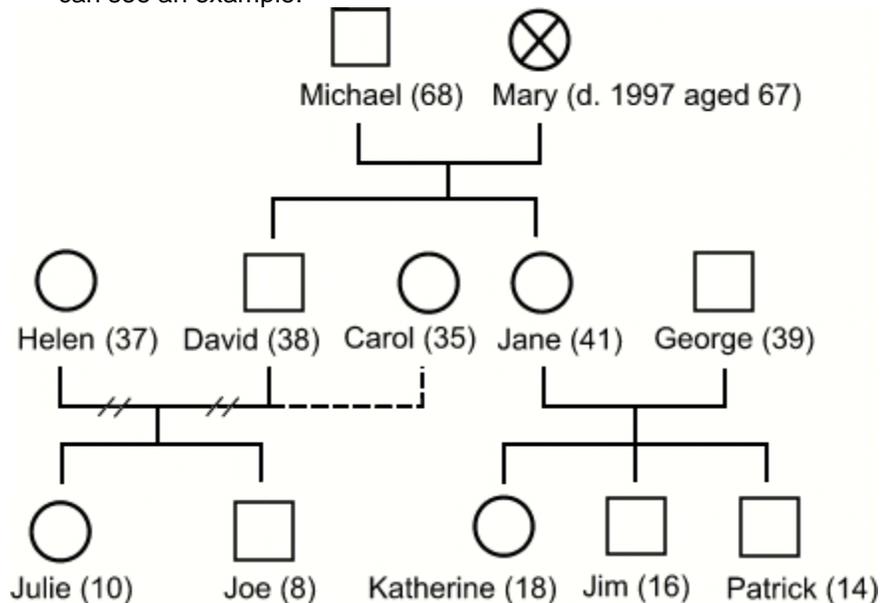
Materials:

- a. Small and large pieces of paper
- b. Pencils, pens
- c. Markers
- d. String in the shape of a large circle or a large hula-hoop

Session III Background/Support for teacher Family

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 - f. What are the expectations you have of these people and they have of you?
 - g. What happens when expectations are not met?
- V. Now that you have made a family tree, who is missing from this tree that is also important in your life?
- a. Think of people who support you but might not have been put on your family tree. Why are they important to you? What role do they play in your life?
- VI. What have you learned today?

Materials:

- a. Small and large pieces of paper
- b. Pencils, pens
- c. Markers

d. String in the shape of a large circle or a large hula hoop.