

## Session One-Identity

### I. Activity-Two Truths and a Lie

This activity is meant to help people get to know a little bit about each other and have fun at the same time. Write the questions a-c (below) out on a large piece of paper so all the youth can refer back to them. Then tell each youth to think of one answer for each question and keep the answers a secret. One of the answers should not be the truth. The students will then take a turn and share their answers with the group. The student sharing has to make sure that they do not reveal which answer is not true when presenting. The other youth will then guess which answer is not true.

- a. Who is the most important person to you?
- b. What is the furthest place you have ever been?
- c. What is your favorite holiday?

### II. Content: What does the word identity mean to you?

Write the word identity in the center of a large piece of paper. Then have the youth give you ideas of what it means to them. Write their answers on the piece of paper.

### III. Look at what identity means to the youth.

Tell them to think about those ideas and apply it to making an Identity Chart; each youth will create a personal identity chart. See attachment to see an example.

### IV. Have the students share their charts with each other. Here are some guiding questions to ask the youth.

- a. What categories did the youth see themselves as being a part of?
- b. Which ones did they notice leaving out?
- c. Were any of the identity pieces changed since the youth were in 1st grade? Have any stayed the same? Why have some changed or not?

### V. Closing:

Now it is time to create something you can put on the web and share with the other groups. If you are having trouble coming up with something please answer the following questions and post the answers in the CB forum.

- a. What did you learn about your self? About other people in your group?
- b. What did you learn about change?

### VI. If there are other creative ways you can share what took place in your session please feel free to do so.

Crossing Boundaries  
Identity  
Background/ Support for Teacher  
Session One

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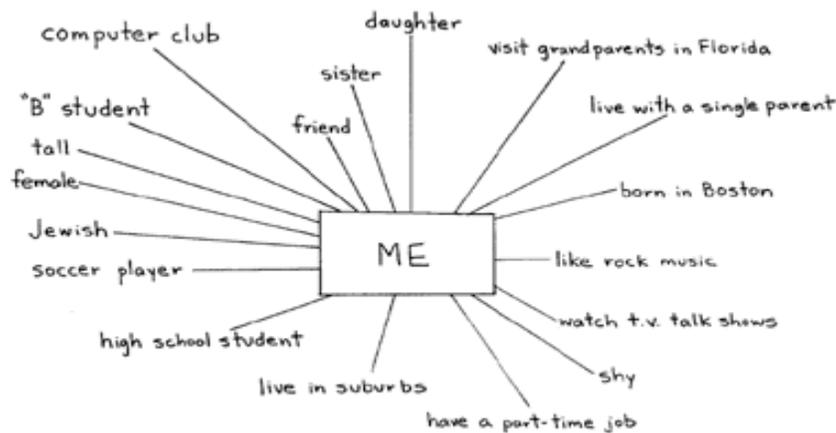
truth. The students will then take a turn and share their answers with the group. The student sharing has to make sure that they do not reveal which answer is not true when presenting. The other youth will then guess which answer is not true.

- a. Who is the most important person to you?
- b. What is the furthest place you have ever been?
- c. What is your favorite holiday?

III. Content-What does the word identity mean to you?

- a. Write the word identity in the center of a large piece of paper. Then have the youth give you ideas of what it means to them. Write their answers on the piece of paper.

IV. Look at what identity means to the youth, tell them to think about those ideas and apply it to making an Identity Chart, each youth will create a personal identity chart.



V. Have the students share their charts with each other.

- a. What categories did the youth see themselves as being a part of? Which ones did they leave out?
- b. Have any of the identity pieces changed since the youth were in 1<sup>st</sup> grade? Have any stayed the same? Why have some changed or not?

VI. Closing: Now it is time to create something you can put on the web and share with the other groups-feel free to be creative. If you are having trouble coming up with something please answer the following questions and post the answers in the CB forum.

- a. What did you learn about your self? About other people in your group?
- b. What did you learn about change?

VII. If there are other creative ways you can share what took place in your session please contribute feel free to do so.