



The Network for Peace through Dialogue Why Dialogue? (and when, and how, and where?)

Listening as the Foundation of Dialogue

[The Compassionate Listening Project](#) teaches powerful skills for peacemaking in families, communities, on the job, and in social change work locally and globally. Their curriculum for Compassionate Listening grew out of many years of reconciliation work on the ground in Israel and Palestine. They have offered training programs since 1999, and their session at this conference introduced attendees to Compassionate Listening, a model which emphasizes deep listening and mutual empathy as keys to lasting reconciliation and transformation. Through an experiential format, participants will learn to discern and listen to the essence of the other, suspend judgment, and speak from the heart while holding compassion for oneself and others. The workshop demonstrated skills necessary for bringing this technique into participants' personal, interpersonal, and community lives.

The workshop was led by Amy Rakusin and Phil Fratesi.